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A Quarterly Insight into Cause Programs and Events

March 2016

Cause SALUTES

Issue Four

Volunteer Spotlight: Gloria Roman



To complete its mission, Cause relies upon the voluntary contributions of time and talent from hundreds of volunteers across the country. Each quarter, we shine the spotlight on one

dedicated volunteer, allowing you to get to know our Cause Team members.

Meet Gloria Roman!

Dedicated is the first word that comes to mind when you meet Gloria. She is one of Cause's newest volunteers in Bethesda, recently joining Walter Reed's C-DEL program in December.

Little did we know that was just the beginning. As she was training with C-DEL, she immediately started volunteering with UFC night. Next the MRR Program. Now, the USO. Tireless. Conscientious. Thoughtful.

The compliments do not end there. She has already made her mark on every program she has touched – from creating marketing flyers for C-DEL to buying and donating clipboards for MRR. Gloria is a wonderful doer – willing, able, and positive. We are so happy and grateful to call her our own.

Thank you, Gloria, and welcome to Cause!

Mark your Calendar

2016 Veterans Day Gala: Renewing Hope...Lifting Spirits

Thursday, November 10, 2016 Army Navy Country Club, Arlington, VA

Cause is pleased to announce plans are underway for our 2016 benefit Gala in November! We will be returning to the Army Navy Country Club in Arlington for an evening of fine dining, inspirational presentations, and an exciting silent auction. Proceeds from the event support Cause programs and activities which serve thousands of wounded, ill and injured service members and their caregivers.

Sponsorship information will be released March 15th and tickets will go on sale June 1st. Detailed information can be found on the Cause website:

www.cause-usa.org







Youth Volunteers in Action >>>

2nd Annual British School Fun Run

It was a bitterly cold Sunday in Washington, DC, on December 6, 2015. But the weather didn't deter a group of British School students and their families from participating in a benefit 5K run organized by Piers Kirk, a senior at the school.

Three years ago, Piers heard a presentation about the challenges faced by wounded warriors and how Cause was working to bring comfort, relaxation, and programs to service members in

treatment at Walter Reed National Military Medical Center in Bethesda, MD. He decided to organize a 5K fun-run for members of his school community. He worked with school officials to complete the planning, advertising and the logistical support for the event. We are pleased to report that Piers raised more than \$350 to support Cause programs!

Piers has also volunteered to help with Cause Game Carts and other special events at Walter Reed. He joins a growing number of young people interested in volunteering with Cause.

"We are fortunate to have young people express an interest in becoming personally involved with helping service members, veterans and their families," said Kayla Walsh, Cause Program Director and Volunteer Coordinator. "It is a large part of our mission to demonstrate that America appreciates the sacrifices our service members make each and every day. Youth Volunteers like Piers are valued members of the Cause Team!"

Woman's World Magazine Encourages Gift Card Donations to Cause

Cause was mentioned in the "Help a Hero" column in the October 5, 2015 issue of Woman's World magazine. The story highlighted our work with wounded, ill, and injured service members and our family programs. It asked readers to send Gift Cards to us for distribution to service members recovering in military medical treatment facilities.

Between October and December, Cause received \$560 worth of gift cards from donors across the US! Cards are distributed at our monthly UFC Fight Night events at Walter Reed and Ft. Belvoir. This is the second time Woman's World has highlighted Cause and generated gift card donations—THANK YOU!















PREVENT HAIR LOSS!

KEEPING YOU FAT?



Cause Volunteer Deshauna Barber crowned Miss District of Columbia USA 2016

Deshauna Barber is a US Army Reserve Officer who understands the toll that PTS and TBI can take on a service member. She wanted to volunteer with Cause in order to help local families struggling with PTS, stress and recovery. It was a perfect match for our Ft. Belvoir Family Fun Night program where Deshauna and several other volunteers work with families and children on craft projects and activities each month.

Deshauna is from Washington DC and is a graduate of Virginia State University. She currently works with Department of Commerce as a IT Business Analyst and is also pursuing her Masters degree in Information Systems and Services from the University of Maryland. She will be representing Washington DC at the Miss USA 2016 pageant later this year.

Cause Youth Chair Yong-Duke Kim's Eagle Project Supports Landstuhl Chaplain's Closet Program in Germany



As Yong-Duke Kim began planning his Eagle Scout Service Project, he wanted to help Cause with its mission to bring comfort and support to those recovering in military medical treatment facilities. Through Cause, Yong-Duke reached out to the Landstuhl Regional Medical Center Chaplain in Germany to determine current needs. He worked with Scouts in his troop, his neighbors, local businesses and other individuals to collect all of the items on the Chaplain's wish list. He also collected funds to cover the postage expenses to send the items overseas, and to provide Commissary and AAFES gift cards to restock the Chaplains closet in the future.

Yong-Duke was able to deliver more than \$1,200 worth of personal care items and \$610 worth of gift cards to the Landstuhl Chaplain's Clothing Closet Program!

"It was an honor to be able to support Warriors who are currently undergoing treatment and recovery in Germany," said Kim. "Most people forget that we have service members stationed far from home and around the globe. I hope those in uniform realize that they are not forgotten."

Serving military families has deeper meaning for Yong-Duke and his family. His eldest brother is currently in flight training as a lieutenant in the US Air Force and his other brother is in his first year at the US Air Force Academy. Yong-Duke is a High School Junior at Fairfax Christian School in Vienna, VA. He is also considering attendance at a Service Academy to continue his family's legacy. Yong-Duke has the kind of leadership and initiative we need in our military and our nation. We are so proud of his hard work helping to serve the needs of wounded, ill and injured service members!

Game Carts at Ft. Belvoir Soldier and Family Assistance Center

In February, Cause delivered two Game Carts to the Soldier and Family Assistance Center (SFAC) on Ft. Belvoir.



Cause Program Director Kayla Walsh

Conveniently located adjacent to the WTU Barracks and the hospital, the SFAC serves those who are transitioning from all branches of the military. They host educational seminars, classes, special events and other activities aimed at making the transition easier for service members and their families.

Cause currently maintain 28 Game Carts at 7 different locations. They are used as part of formal physical therapy programs at our VA Polytrauma Center locations and are used for recreation, relaxation and social interaction at our active duty medical treatment facilities.



Sgt. Justin Oliver, a Chaplains Assistant deployed to LRMC from 4224th U.S. Army Hospital, unpacks donated items sent by Yong-Duke Kim as part of his Eagle Scout project. (U.S. Army Photo/Chuck Roberts)

final thoughts...

Responsible Stewardship

Cause vows to expend donated funds in a manner that is consistent with donor intent, to disclose important and relevant information to potential donors, to protect the privacy of its donors, and to honor donor rights:

- ◆ To be informed of the Cause mission, the way resources will be used and the capacity to use donations effectively for their intended purposes
- To know the identity of those serving on the Board of Directors and to expect the Board to use prudent judgment when exercising its stewardship responsibilities
- ♦ To have access to the most recent Cause financial reports
- To ask questions when making a donation and receive prompt, truthful and forthright answers
- ♦ To be assured that their gifts will be used for the intended purposes
- To receive appropriate acknowledgement and recognition
- ◆ To be assured that information about their donations is handled with respect and with confidentiality to the extent provided by the law
- ♦ To have the opportunity for their names to be deleted from mailing lists if Cause should ever change its policy that such lists are not to be shared
- ◆ To be informed whether those seeking donations are volunteers, Cause employees or hired solicitors

We welcome the opportunity to discuss how your support is used in the execution of our mission ...here for those who are there for us!®



Each year, Cause receives nearly \$10,000 from individuals across the nation who participate in the Combined Federal Campaign or other workplace giving programs.

CFC #33011

coming soon >>>

- ⇒ 2015 Annual Report Available in April
- ⇒ 2016 Volunteer Recognition

Get the latest news and information:

www.cause-usa.org



/HelpWoundedWarriors



@HelpWarriors



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